

## MRI WRIST – SR ROUTINE

- Patient in prone position with elevated arm ('Superman position')
- Wrist at center of scanner, use dedicated wrist coil or small surface coil
- Coronals oriented between radial and ulnar styloid process
- Sagittals are oriented 90° to coronals
- Axials include volume 2-3 cm proximal of radiocarpal joint to 1 cm distal of the carpometacarpal joints

SEQUENCE	FOV	Slice	TE	Matrix (min)
Cor T1	8-10 cm	2-3 mm	min.	240x320
Cor PD FS	8-10 cm	2-3 mm	10-20	240x320
Cor TrueFisp 3D	10 cm	1.5-2 mm	5	320x450
Sag T1	10 cm	2-3 mm	min.	240x320
Ax PD FS	10 cm	2-3 mm	10-20	320x420
Sag PD FS	10 cm	2-3 mm	10-20	240x320